

STXBall

The No Contact Lacrosse Game

A Great Game

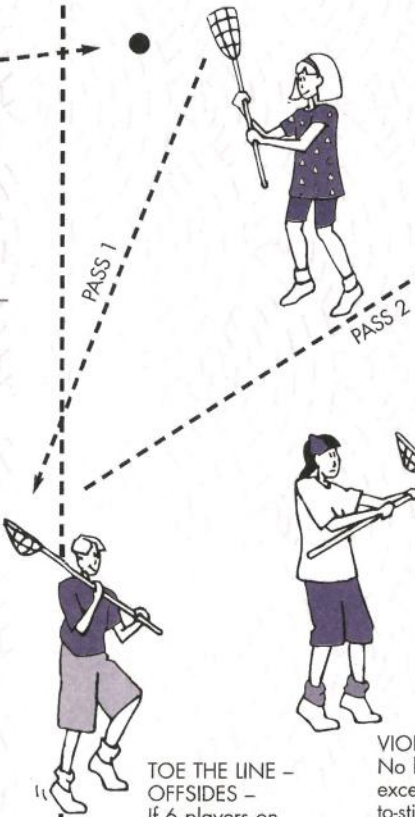
An indoor/outdoor all surface game

Play the ball – not the opponent. All players must be free to move as in soccer and basketball.
NOTE: The spirit of STXBall is not strength or size but teamwork, stickwork, and fair play.



Pass the ball over center line – Do not run the ball.

IT'S THE LAW – PENALTY SHOTS – Taken behind center line.



SHOOT TO SCORE – Scoring only possible when attacking team has ball over the center line, and two passes have been completed.

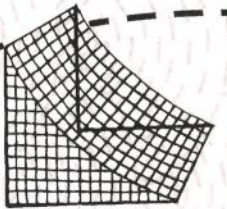
DESIGNATED CREASE AREA



OOPSI!

HONOR THY CREASE – No players allowed in designated crease area at any time.

HONOR THY CREASE – Shots at goal must be taken outside of designated crease area [Suggestion: use basketball "key" area – when in gym].



DESIGNATED CREASE AREA

KEEP IT SIMPLE!
HAVE FUN!

FIVE BASIC RULES

Play the ball – not the opponent. All players must be free to move as in soccer and basketball. (no stick or body contact allowed!)

VIOLATION
penalty shot

Players must keep both hands on their sticks.

VIOLATION
penalty shot

The ball must be passed over the centerline.

VIOLATION
change of ball

Two passes must be made before each shot at the goal (after the centerline pass).

VIOLATION
change of ball

Play should be continuous (no stalling).

VIOLATION
change of ball



VIOLATION – Must keep both hands on stick.

TOE THE LINE – OFFSIDES – If 6 players on each team, only 4 offensive players allowed on offensive side at a time.

VIOLATION – No body or excessive stick-to-stick contact allowed.

GAME SUGGESTION:
Unlimited substitution – no goalie.
REFEREE SUGGESTION: Have extra balls readily available to keep the game moving.

Close supervision is essential to the success of a school or recreational STXBall program. The "no-contact" rules, and use of the specified game ball only, are important to a safe game. Specific requirements for use of protective equipment are matters for school or recreational supervisor determination. Replace all parts if lost, damaged or loose.

Note: Players and coaches will invent variations of the suggested game to suit age and skill levels.